

DALLASTOWN YOUTH WRESTLING

2018 - 2019

No Experience Required, Open to ALL students grades 1 –6
OUTSTANDING CHILD CENTERED COACHES



BE PART OF THE **DALLASTOWN WRESTLING** TRADITION

Goal of Dallastown Youth Wrestling:

To introduce Dallastown students to the rules and techniques involved in the sport of wrestling in a low stress and enjoyable environment. Participants will be divided based upon weight, grade and ability so as to accommodate the beginner as well as the more experienced wrestler. Experienced wrestlers will be encouraged to take part in scrimmages and tournaments.

Coaching Staff:

Volunteer Coaching Staff includes High School and Junior High Coaches along with parent volunteers. More help is always welcome. Share your love of wrestling and volunteer to coach! Contact Coach Baldwin at dtyouthwrestling@gmail.com.

Registration /Information Meeting:

Monday October 22nd and Wednesday October 24th 6-7 PM in the hallway outside the High School Wrestling room area. This will be an opportunity to discuss the program, answer any questions and to complete or return sign-up forms. A calendar and other items will be handed out at this time. **You can download and print all of the required forms on the High School Moodle Page under Dallastown Youth Wrestling.** If you cannot print the forms in advance, you can obtain them at the meeting.

ALL PRACTICES WILL BE HELD IN THE HIGH SCHOOL WRESTLING ROOM

Cost: \$40 (checks payable to Dallastown Wrestling Booster Club)

Practice Schedule and Groups:

A complete schedule for all participants will be available at registration as well as on the Moodle page. **Novice** wrestlers (Primarily 1st grade and inexperienced 2nd graders) will practice on **Monday and Wednesday evenings beginning November 14th from 6 – 6:45PM.** Experienced 2nd graders as well as 3rd, 4th, 5th and 6th graders will practice on **Monday and Wednesdays from 6:45 – 8:15PM beginning on November 28th.** The **Intermediate** group will be composed of experienced 2nd graders and third graders. The **Advanced** group will be composed of predominantly 4th, 5th, and 6th grade wrestlers.

Competition:

All participants will be involved in intra-squad competition during the season. We will also attempt to establish several scrimmages with other schools to provide some additional experience. Additional tournament information will be available for those who want added competition. **NEW THIS YEAR Our Advanced group will have the opportunity to be part of a Youth Duals team.** More information will be provided at practice.

Equipment:

Shorts, T-shirt, Water Bottle and CLEAN sneakers or wrestling shoes. Headgear is recommended.

Youth Coordinator: Matt Baldwin 717-817-3990, DTYouthWrestling@gmail.com

Feel free to contact me with any further questions.