**Dallastown Wrestling Social Media Policy/Guidelines**

**Things to ask yourself before posting:**

**1. Would this embarrass me, my family, my team, Dallastown or any other individual or entity?**

**2. Would I be willing to put my full name, face and signature to this post?**

Playing and competing for the Dallastown Wrestling team is a privilege. Student‐athletes at Dallastown are held in the highest regard and are seen as role models in the community. As leaders you have the responsibility to portray your team, your school and yourselves in a positive manner at all times. Sometimes this means doing things that are an inconvenience to you, but benefit the whole team.

Facebook, Twitter and other social media sites have increased in popularity globally, and are used by the majority of student‐athletes in one form or another.

Student‐athletes should be aware that third parties including the media, faculty, future employers, PIAA officials and NCAA coaches could easily access your profiles and view all personal information. This includes all pictures, videos, comments and posts. Inappropriate material found by third parties affects the perception of the student-athlete, the wrestling team, the athletic department and Dallastown School District.

**Examples of inappropriate and offensive behaviors concerning participation in online communities may include, but not be limited to depictions or presentations of the following:**

1. Photos, videos, comments or posts showing the personal use of alcohol, drugs and tobacco e.g., no holding cups, cans, shot glasses etc.

2. Photos, videos, and comments that are of a sexual nature.

3. Pictures, videos, comments or posters that condone drug-related activity. This includes but is not limited to images that portray the personal use of marijuana and drug paraphernalia.

4. Content online that is unsportsmanlike, derogatory, demeaning or threatening toward any other individual or entity (examples: derogatory comments regarding another school or athlete; taunting comments aimed at a student-athlete, coach or team at another institution and derogatory comments against race and/or gender). No posts should depict or encourage unacceptable, violent or illegal activities (examples: hazing, sexual harassment/assault, discrimination, fighting, vandalism, academic dishonesty, underage drinking, and illegal drug use).

5. Information that is sensitive or personal in nature which is not public information (examples: student-athlete injuries and eligibility status, team or school disciplinary measures).

6. Avoid use of language that you would not consider appropriate when in the presence of the coaching staff.

7. Demeaning comments directed toward other teams, clubs or organizations within our school community.

**If a student‐athlete’s profile and its contents are found to be inappropriate in accordance with the above behaviors, he/she will be subject to the following possible penalties**:

1. A meeting with the Director of Athletics and Head Coach as well as other School Administrators.

2. Penalties as determined by the athletic department, coach and administration, including but not limited to possible suspension or expulsion from the team as well as possible school penalties.

**For your own safety, please keep the following recommendations in mind as you participate in social media websites:**

1. Set your security settings so that only your friends can view your profile.

2. You should not post your email, home address, local address, telephone number(s), or other personal information as it could lead to unwanted attention, stalking, identity theft, etc.

3. Be aware of who you add as a friend to your site.

If you are ever in doubt of the appropriateness of your online public material, consider whether it upholds and positively reflects your own values and ethics as well as that of our team and Dallastown School District. Remember, always present a positive image and don’t do anything to embarrass yourself, the team, your family or Dallastown School District

By signing below you affirm that you understand the Dallastown Wrestling Social Media Policy and Guidelines for Student-Athletes and the requirements that you must adhere to as a student-athlete. Also, you affirm that failure to adhere to this policy and guidelines may result in consequences that include suspension or dismissal from the team, and you may be subject to additional penalties imposed by the Dallastown School District.

Athlete Printed Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Athlete Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent Printed Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent Signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_